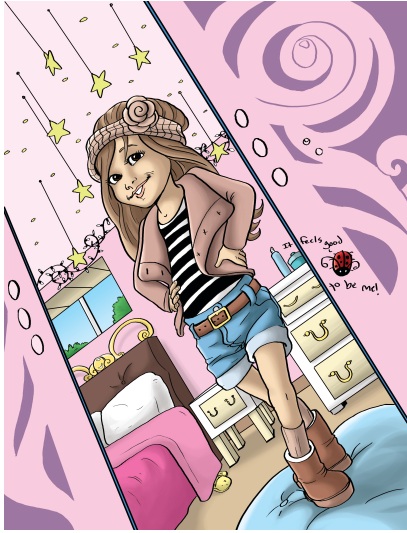


Name _____



Today we read the story
It Feels Good To Be Me!
by Dana Livoti with Anne Oliveri.

This story is about a girl who knows that she is empowered to create a happy life for herself by paying attention to her thoughts and feelings.

When I look in the mirror,

I like what I see.

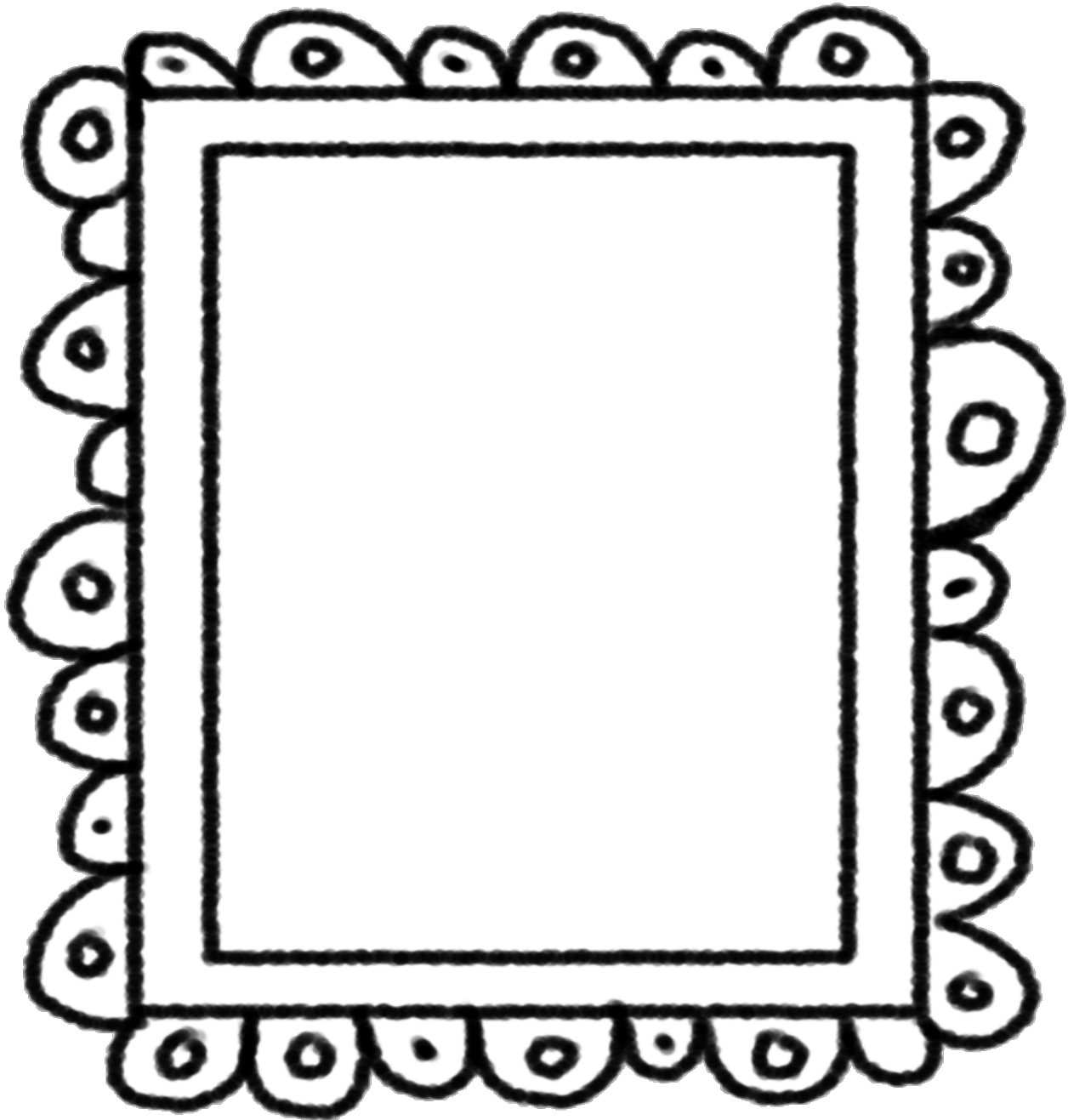
I say to myself,



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Draw a picture of yourself looking in your mirror.



What does your ladybug say to you?



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